

MONTHLY PRAYERS FOR FAMILIES

June

Saint Anthony's Bread (Feast Day: June 13)

Legend has it that the mother of a child who drowned near the Basilica of Saint Anthony in Padua promised to distribute food to the poor if Saint Anthony returned her child alive. The miracle was granted, and the mother fulfilled her promise.

Some parishes and members of the Franciscan Order distribute loaves of bread on June 13, the Feast of Saint Anthony of Padua. Priests also bless baskets of bread for people to take home and enjoy at dinnertime. With your family, buy food to donate to your parish food pantry or local food bank. Before delivering your gifts, take time to pray.

Lord of all goodness,
you fasted and hungered in the desert,
and you broke and blessed the bread
that continues to nourish us today.

Following in the example of the mother who fed the poor,
bless these gifts of food that we will share
with those in our community
who do not have enough to eat.
Amen.

Adapted from *Our Family Prays*
RCL Benziger, 2015

